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United Methodist Church of Parsippany

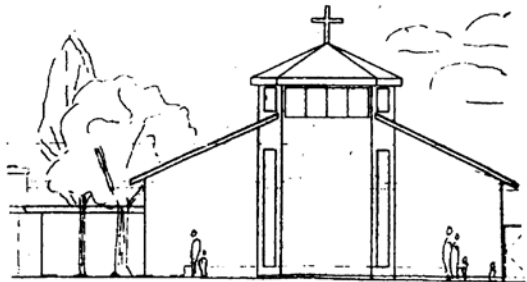
903 So. Beverwyck Road, Parsippany, NJ 07054 (973) 887-4657

<http://www.parsippanyumc.com> E-Mail: jedwards14@juno.com

Sunday Worship Celebration: 10:30 a.m.

In a hostile, hurting world we reach out to share kindness and laughter. Our spirituality is based on Jesus and his love and compassion. We provide a community of support and healing where all are welcomed and valued regardless of race, age, sexual orientation, disability, gender, or economic status. In a world where people feel they can love only those who are like themselves, we seek to celebrate the uniqueness of every human being.

"Making Room in the Circle"



MARCH, 2015



A sermon preached on February 8th, 2015 based upon Mark 1:29 – 39 entitled, "Jesus Didn't Want to Be Their Emergency Medical Care Doctor."

Our Gospel lesson records 24 hours at the beginning of Jesus' ministry. A lot happens, so we'll take it in pieces. Thus far in Mark's fast paced Gospel, Jesus has been baptized by John at the River Jordan and been led into the wilderness to be tempted the devil. He called his the disciples Simon, Andrew, James and John from their lives as fishermen, and goes to Capernaum where on the Sabbath he went to synagogue, taught with authority and not like the scribes, and cast out an unclean spirit from a man, amazing everybody, causing word of him to be spread throughout the town. Our reading begins this way:

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

In the ancient world, as in many parts of the world today, women were second class citizens. Their exclusive role was to bear children and support men, whose lives were viewed as the ones that truly mattered. Women were "invisible" people. Although Mark will take note later in his gospel the surprising fact that there were women who followed along with Jesus as disciples, for the most part Mark accepts the assumptions of his culture.

And so when the synagogue service concludes and Jesus comes to Simon's house, Mark names the male disciples who accompany Jesus, but unfortunately he does not bother to name either Simon's wife or mother-in-law. The mother-in-law would have been particularly "invisible" because she has passed her child-bearing years. She was sick with a fever, and in her need she is not invisible to Jesus who goes to her bedside, an unusual thing in itself, and touches her -- again, not what a rabbi would do -- such



tenderness -- and as he lifts her up she is healed. So this is one of our lessons here: Jesus sees those who might otherwise disappear, and we should do the same.



And then this: her fever gone, the mother-in-law promptly gets to the work of providing a meal for the men who have come home from the synagogue. On one level we might see this as the woman trapped in the traditional role given to her by her culture. She just recovered from her fever -- shouldn't the men be waiting on her? And there is truth to that.

But it is also true that we are not truly whole until we have embraced the opportunities given to us to serve others, beginning with the people closest at hand in our lives. Providing hospitality -- providing a safe, welcoming space for others -- is at the heart of what it means to live a Christian life -- for men, not just for women.

There is this ridiculous commercial for the lottery that I recently saw that showed a woman sitting all alone in this huge garden, contemplating meaningless questions. The idea is if we play the lottery, we have the chance to be so rich that we can live such a life ourselves. The woman portrayed in the commercial would not be happy for very long. She needs some way to serve if there is to be any meaning to her life. Albert Schweitzer put it this way: *"I don't know what your destiny will be but one thing I know, the only ones among you who will be really happy are those who have sought and found a way to serve."*

The mother-in-law was probably significantly younger than I am, but in a world where the expected life span was much shorter than ours, she would have been what we call a "senior citizen." As such, this raises a question about the way our society often views the elderly. Unlike the mother-in-law in our story, the elderly typically stop working. In our culture's ideal scenario senior citizens go off to some kind of "leisure" village, free of all responsibilities to others. When their health deteriorates, they get put in a nursing home, cut off from their loved ones, with almost no opportunity to serve, where more often than not their spirits wither away along with their bodies.

That evening, at sunset, they brought to him all who were sick or possessed with demons.

News about the healing that Jesus performed in the synagogue on the man with the unclean spirit spread quickly. The prohibition against working on the Sabbath kept the people from flocking to his door immediately; they wait for the Sabbath to end with the setting of the sun.



And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

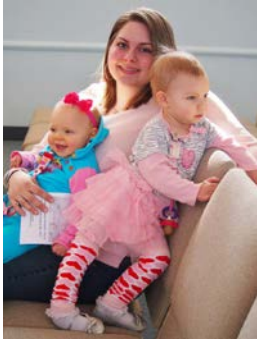
Throughout Mark's gospel we will see time and again Jesus trying to keep both unclean spirits and human beings from talking about his true identity -- the fact that he is indeed the messiah of God. He doesn't want this talked about because people will misunderstand: He has come to reveal God's love, and central to his mission will be the fact that he has come to die for us. Only once the whole story has been told will it be possible to begin to understand who Jesus really is.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, 'Everyone is searching for you.' He answered, 'Let us go on

to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do.’ And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Jesus needed to return to the wilderness -- to go off by himself to pray, to restore his soul having poured himself out so in his healing ministry. After meeting so much human need, he is depleted. He recognizes the limits of his humanity, and we would do well to recognize our limits as well.

He prayed to be restored, but he also prayed to receive clarity about what it was he was he was called to do. The power that Jesus possesses to heal people has caused a sensation. He’s a great success! Suddenly he is the most popular guy in town; everybody wants to get close to him.



The disciples come hunting for him; they are almost hostile when they find him. *“Jesus, what are you doing here? You’re a hit! You’ve got everybody’s attention. Come on back: there are more people who need to be healed.”*

There is something seductive, intoxicating about being so needed. At a certain point though, we aren’t doing other people a favor by taking responsibility for them, because we end up unconsciously conspiring with them to render them helpless.

In prayer Jesus has come to realize that he needs to leave - - to go on to other towns to share his message. The people in Capernaum want to define his mission for him. They want him to be their own emergency medical care doctor who’s always on call. And who can blame them?

Though he healed many people, Jesus surely healed only a small fraction of the sick people in Palestine during the time of his ministry. His mission wasn’t to personally heal every sick person; his healing ministry was a sign of a much larger truth he came to proclaim, and that was that God was closer than people knew and that God truly loved them -- loved all people, especially people who might feel otherwise invisible to God.

It is not God’s will for us that we should suffer the agony that disease can bring. God wants us to be whole. But being whole and being healed of disease is not necessarily the same thing.

Time and again I come back to the wisdom of the serenity prayer:
*God grant me the serenity to accept that which I cannot change,
the courage to change that which I can,
and the wisdom to know the difference.*

True wholeness involves the capacity to fully live out this prayer. It involves having clarity about what can’t be changed in our lives, and coming to accept these things, and being clear about what *can* be changed, and taking responsibility to do what we can to change it.

It’s helpful to consider this prayer in relationship to the kinds of healing we seek.

There are diseases that befall us that as far as we know we did nothing to make ourselves sick. Perhaps we have a genetic predisposition towards a particular form of cancer and we come down with that cancer. The doctor prescribes a certain regimen of chemotherapy; we suffer the side effects because we want to live.

In contrast, what if I go to my doctor and she tells me I have high blood pressure and that if this continues I will be susceptible to heart disease that could potentially take my life. I say, “Well Doc can you prescribe some medicine for me to take to lower my blood pressure?”

She says, *“I could, but there are reasons you have high blood pressure. It has to do with the fact that you’re over weight, you eat too much fatty foods, you don’t get regular exercise, and you don’t manage the stress in your life very well. You have*

responsibility for these sorts of things. *If you make certain lifestyle changes, I can pretty much guarantee you that your high blood pressure will come down.*"

"*Nah, Doc, just give me the medicine.*" The Doc gives me the medicine and my blood pressure comes down. But would I be whole? No, because I failed to take the responsibility that was mine to embrace, and I'm continuing to live in a self-destructive fashion.

I suspect that if Jesus had stayed around in Capernaum to be their personal on-call emergency medical clinic, he would have ended up with a lot of these sorts of patients. "*Jesus, just go ahead and lay your hands on me and take away my high blood pressure.*"

Sometimes we look to God to intervene in our lives to fix some problem or to take away some set of symptoms while refusing to take responsibility for the ways we continue to contribute to our affliction.

But wholeness also involves the capacity to accept that which cannot change, and one of the things that can't be changed is the fact that we will all die one day. Part of what it means to be whole is to come to terms with this fact.



I've been reading a book my wife gave me that is written by a doctor Atul Gawande entitled *Being Mortal: Medicine and What Matters in the End*. He points out the obvious, that our medical system is almost entirely focused on healing. Well what's wrong with that? Nothing, except when we reach that point that comes to all of us where medicine doesn't have anything left to offer that offers much hope of healing.

As spiritual beings, how we die is extraordinarily important.

Because people often can't accept the fact that they are dying, it is not uncommon for patients to ask for every last possible treatment -- whether invasive surgery or another round of chemotherapy, at extreme financial costs -- in order to cling to some sliver of hope for healing. Sometimes this can be truly heroic -- perhaps the person has a child he or she wants to stick around to raise.

But too often what this means is that people spend their last days on earth with a level of pain and misery that is horrifying. It is often the patient making these choices, but sometimes it can be family members whose need for their loved ones is so intense that they simply can't accept letting them go.

When someone is dying what is needed is for that person to be as comfortable and lucid as possible. The last stretch of a person's life should be all about quality time spent with loved ones. We should be engaging in conversations about what we want at the end of our lives well before we reach that point.

At the center of Jesus' ministry was the death he was going to die. To follow Jesus includes following his example of walking intentionally, mindfully through the dark valley of the shadow of death.

Our fears get in the way of our love. We come here each week to be a part of Jesus' church to learn how to trust -- to learn how to let go of our fears so we can more fully love.

Beyond the crucifixion, there is resurrection.

In the kindness of Jesus,

Pastor Jeff



During Lent I am leading a study group on **Tuesday evenings at 7 p.m.** You are welcome to join the study group, or just stop by to see what it's about. We are reading a book by Philip Yancey, that won the Goal Medallion Book of the Year Award entitled, "The Jesus I Never Knew." Yancey describes that when he seriously read the Gospels as an adult the figure he encountered there was altogether different from the Jesus he had been taught to believe in growing up in church. In the book Yancey offers a fresh, uncluttered perspective on history's central figure—his extraordinary grace, his radical claims, his challenging teachings, and his transforming effect on others.

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United Methodist
Women

Looking back...another winter-No Meeting month.
Now, back to programs..... All **WOMEN** and **ALL MEN** are always welcome to enjoy our speakers – and you won't want to miss the March program that is important for everyone to hear.

Wed., March 4th - 7 p.m.
PROGRAM: Cameron & Jarod Wohl from the Wave Set
are coming to talk about their liver transplant experience. They are brothers. Cameron shared a piece of his liver with Jarod. It's been almost a year. They had the experience filmed and have gained national recognition for their enthusiasm and movement to educate more people on organ donation & transplant. Both of these young men are in their mid 20s and super positive and energetic. They are an inspiration.
Refreshments served

March 8 – Daylight Savings Begins March 20 – Spring begins
March 14 – Put Luck Dinner & Dance March 29 – Palm Sunday
March 17 – St. Patrick's Day

GET WELL wishes to those of you who are ill, and
HAPPY BIRTHDAY to those of you celebrating this month with Angela Nolan and Karen Wilk.
God Bless,
Doris Bradley

Prov. 17:17 "A friend loves at all times."



To make it easier for the Congregation to keep up with their financial pledges to the Church, a **PayPal link has been added to the PUMC Homepage**. If you've never used PayPal before, it's an easy and secure way to send a payment over the Internet. You can use your bank account or a credit card to make your payment, and PayPal takes a small transaction fee. For more information or a quick demonstration on how to use this new tool, please speak with Justin Cogan.

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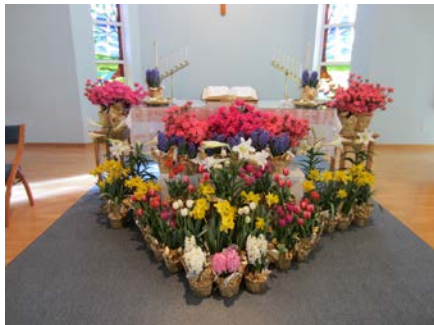


MARCH 14 - POT LUCK SUPPER/DINNER DANCE - Everyone is invited to come and shake off their Winter blues on Saturday, March 14. We'll gather at **6 pm** for one of the best Pot Luck dinners on this planet!! (PUMC has EXCELLENT cooks) We'll begin sign ups on February 22nd.

If you are coming and can't get to church on Sunday, please email or call Connie Keller; connie@mhmlender.com or 973-568-5404; **please let us know you are coming and what you are bringing** (salad, main course, veggie, etc.). Dinner will be followed by dancing and fun – music will be provided by a live band. (the same one that was at Jeff's 25th anniversary party) **This evening is a fundraiser for the boiler fund**. A 'bucket' will be present that night on the stage to collect any donation you would like to make.

If you would like to make a private donation to help pay for the band, please contact Connie Keller. Please come, it's going to be a BLAST!!

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EASTER FLOWERS – EASTER IS APRIL 5 -

Orders for Easter flowers can be placed this year from March 15th – 29th

Once again, Azaleas (6" and 8" pots), Tulips, Hyacinths, Daffodils and Lilies will be available for purchase.

2015 prices have not been confirmed yet, but should be very close to last year. Azalea 6" - \$8.00; Azalea 8" \$13.00; Tulips, Hyacinth, Daffodils (6" pots) - \$7.00 each And each Lily plant is \$12.00 each.

Order forms will be available in the church bulletins on the last 3 Sundays of March or you can always order them directly thru Connie Keller by phone or email. Email (preferred) connie@mhmlender.com or cell 973-568-5404.

If you would like to beautify the altar by making a donation toward the purchase of Easter flower arrangements, instead of purchasing plants, you can also do that.

Thank you to all of you that order regularly, it really makes the sanctuary beautiful on our special holidays!!

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On the second Thursday of every other month our congregation provides dinner for the families at **Homeless Solutions**. Our next scheduled dinner is **April 9th**. If you would like to take a turn in helping with this outreach, or if you would like to donate money towards the expenses, please speak to Laurie Wilken or Connie Wallace.

Death Café: Comfortable Conversation About Death and Making the Most of Our Lives: The Death Café is an informal gathering of mindful people, dialoging about our feelings, thoughts, and experiences regarding death with a view of helping us make the most of our lives. Death Cafes are held throughout the world and are informative, comfortable, conversational salons which are neither counseling or support groups. Cake, cookies, and beverages will be served at the end. Seating is limited, so please **preregister** at [www. parsippanylibrary.org](http://www.parsippanylibrary.org) or call #[973-887-5150 ext. 209](tel:973-887-5150) by Monday, March 2nd.

Date/Time: **Tuesday, March 3, 2015 2-4 PM**
Location: Parsippany Public Library, 449 Halsey Road, Parsippany, NJ
Facilitators: **Rev. Jeffrey Edwards** (United Methodist Church), Stephanie Kip (Reference Librarian, Hospice Employee)

For more information about the concept of the “Death Café” please see the recent article in the New York Times: <http://newoldage.blogs.nytimes.com/2013/06/16/death-be-not-decaffeinated-over-cup-groups-face-taboo/>

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“Living in the Light” meets on **Wednesdays** promptly at **11 a.m.** in Pastor Jeff’s office. Pastor Jeff leads a Bible Study of the scripture lesson he will preach on the following Sunday, followed by a guided mediation and prayer. Anybody who is available at that time of day is warmly invited to attend.

A day time men’s discussion group with Pastor Jeff that meets on Fridays at 1 p.m. We discuss short readings or videos during the 90 minute sessions. Any men available in the day time are invited to join us.

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A **small gathering of men** from our church meet together **every Tuesday at 7:15 a.m. at the Empire Diner** with Pastor Jeff for breakfast, conversation, and a concluding prayer. All men are welcome.

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FLOWERS FOR THE ALTAR ON SPECIAL OCCASIONS – If you want to remember or honor a special occasion in your life by putting flowers on the altar, please get in touch with Connie Keller. You are certainly welcome at any time to place flowers on the altar. If you want an announcement in the bulletin, please call Connie Keller or send her an email with the dedication. Contact information: Connie’s cell: 973-568-5404: home: 973-887-4384:

email: connie@mhmlender.com

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Anyone aware of a **Prayer Concern** is invited to contact Grace Agre at 539-3855 who will put the **Prayer Chain** into action. If Grace cannot be reached, please contact Pastor Jeff. If you would like to add your name to the people who receive the prayer chain, please speak to Betty Polen.

WARMTH IN THE WINTER, HOT WATER AND WARM NOSES



We are launching a capital fundraising project over the next year to **replace the 60 year old boiler in our church**. It's running on prayers and patches and we are keeping our fingers crossed that it will be a faithful provider of its services for one more Winter. It will be replaced by a cost and energy efficient model, 1/3 the size of the current boiler that is projected to reduce to our current heating bills.

In the next few months, we will be providing **RED** envelopes for any donations that you would like to make. Red is to help you remember that your "hot" donation is going to this one specific project. Any donation you make over the course of this fund raising campaign will be recorded on your giving statement along with your offering towards the general budget. We will accept any amount, big or small, a single donation, or many over the next year.

In the Fall there will be a chart posted in the narthex showing all of the *HOT* donations to date. We'll be able to watch the thermometer heat up over the Winter and hopefully get us to our **goal of \$40,000 by July 2015**.

Thank you for your consideration and help on this project!!

The PUMC Board of Trustees

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CHURCH CALENDAR and SCHEDULING EVENTS

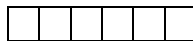
The church calendar on our website www.parsIPPanyumc.com has been updated. The calendar in the church office is no longer being updated.

If you want to schedule an event, you need to look at the website calendar to see if the date is available. All requests for use of the church facilities need to be approved by the trustees, Connie Keller or Amy Gripp.

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ParsIPPany Food Pantry - Wes Sitgreaves has called to our attention the ongoing need of the Emergency Food Pantry in ParsIPPany in these difficult economic times. There are more and more families turning to the food pantry for help. You can bring your donations of non-perishable food items to the church any Sunday. Wes takes the food over as the bin gets filled up. Supermarket gift cards are also welcome - buy them from Betty Polen and raise money for the church at the same time!!! This is a very easy way to give back to the less-fortunate in our own township.





Consider becoming a part of one or more of our Musical Groups here at church:

Bell Choir – rehearses Thursdays at 7:00 p.m. If you are interested in joining us, please speak to Barb Bradley or Aimee Letsch - or just show up on Thursday and see what happens!

Choir – rehearses Thursdays at 7:45 p.m. We always have an "open robe" for anyone who loves to sing. We sing in 4-part harmony, so if you've sung in your high school chorus or any other equivalent, you have a great start! Speak to any choir member or Barb Bradley if you're interested.

Kids Bell Choir – rehearses every Thursday night at 6:15. All children and youth in 3rd grade and up (including junior and senior high school) are welcome. Directed by Aimee Letsch (973-585-7634)

SCRIPTURE READINGS FOR MARCH

March 1
Genesis 17:1-7,15-16
Romans 4:13-25
Mark 8:31-38

March 8
Exodus 20:1-17
1 Corinth 1:18-25
John 2:13-22

March 15
Numbers 21:4-9
Ephesians 2:1-10
John 3:14-21

March 22
Jeremiah 31:31-34
Hebrews 5:5-10
John 12:20-33

March 29
Isaiah 50:4-9a
Philippians 2:5-11
Mark 14:1-15



2 nd	Evan Nichols	20 th	Len Bostwick
5 th	Michael Weiss	20 th	Alexa Taylor
7 th	Ian Crawford	20 th	Rachel Weiss
7 th	Christina Sakelakos	22 nd	Jared Gropper
7 th	Kristopher Hawkins	22 nd	Brianna Laux
9 th	Ryan Laux	23 rd	Jim Simmons
10 th	Anna Gripp	24 th	Karen Wilk
10 th	Maya Roelofs	24 th	Angela Nolan
12 th	Alex Hawkins	24 th	Glenn Owens
12 th	Sue DeJessa	24 th	Frances DiPietro
14 th	Debra Mortensen	25 th	Nancy McAllister
16 th	Paul Larsen Sr.	26 th	Kate Eiring
17 th	Julia Sklow	28 th	Arlene Sklow
17 th	Daniel Wallace	29 th	Sarah Roberts
18 th	Anna Christal	29 th	Monica Hawkins
20 th	Andy Klekanos	31 st	Ron Gounaud

ANNIVERSARIES

23rd Connie & Bob Keller

Looking ahead, the **Confirmation Adventure** consisting of Cassie Cogan, Edward Cogan, Earl Christofferson, Kayla Christofferson, Ryan Christofferson, Anna Gripp, Erika Gripp, Brendan Laux, Kaitlyn Sklow, and Julia Sklow, and led by Pastor Jeff, Amy Gripp, Maidie Erickson, and Greg Elbin will performing an **original play with music** about our relationship with God on **May 1st and May 2nd**. There will be opportunity for children and some adults to have supporting parts.



Palm Sunday – March 29th – church service 10:30 a.m.

Mark your calendar to be present for our Maundy Thursday Service of Holy Communion on **April 2nd**.



Good Friday Service – Friday, April 3rd.

Easter Sunday – April 5th



March 2015

United Methodist Church of Parsippany

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																		
1 10:30 AM Worship	2	3 7:15 AM Men's Breakfast 7:00 PM Lenten Study	4 11:00 AM Living in the Light 7:00 PM UMW	5 6:15 PM Kids Bells 7:00 PM Bell Choir 7:45 PM Adult Choir	6 1:00 PM Men's Discussion Group	7																																																																																																		
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